

Qualitylifestyle

**Supporting All
Your Care Needs**



For Quality Care

You choose, you decide, we provide

Choosing Quality Care

When the time comes and you or a loved one requires care, you will have many questions and will no doubt, be wondering where to start.

This brochure has been produced to help you choose your care and support requirements.

With our continuing commitment to help all of our clients to live a rich and fulfilling life as independently as possible, we welcome the opportunity of extending our service to you

Qualitylifestyle



Who we are and the services we can offer you

Quality Lifestyle have been providing care and support in Plymouth and surrounding area since 2003 and are here to help you enjoy your life, in your style with the quality you deserve.

The service is registered with the Care Quality Commission and offers a choice of high quality care and support services:

- **Supporting you in your own home**
- **Supporting you in accommodation provided by us**
- **Respite care for those who require high levels of care and support for either short or long term stay**

Whatever your needs and with our many years of experience we provide the highest quality of care and support to people who wish to live in their own home, the family home or shared accommodation and can provide as little as a few hours a week to 24/7 care and support including overnight support.



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How we work

We have sound principles and deliver a service of quality and excellence where compromise is never an option.

Your rights are paramount and your wishes and aspirations will inform and shape the service we provide to you.

We encourage and support you to be involved and have a say in how you like to live, how you like to be supported and how to make changes to improve your life exactly as you wish.

You decide:

- **Who is supporting you, how and when you like to be supported**
- **When to alter and improve your support plan**
- **How to live your life**

We will provide you with a dedicated Care Manager who with your help will work with you, your family, friends and/or an advocate to create a unique person-centered plan taking into account your individual abilities, wishes, preferences, ambitions and needs.



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Home care

We believe that there is no place like home and our highly trained and motivated staff will always treat you, your family and home with dignity and respect.

We can help you with any task that may be too difficult to be undertaken on your own including:

- **Personal care**
- **Medication**
- **Overnight care**
- **Morning and bedtime visits**
- **Days out and social activities**
- **Household tasks and meal times**
- **Shopping, prescriptions and bills**
- **Home from hospital care**

Whatever home care service you choose we will always ensure that our service to you is flexible enough to accommodate changes in your needs and provide extra support as and when required.

We also offer a respite at home service so you can remain at home when family members are away or respite breaks in specialist respite care accommodation.



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Residential Care

We have specialist residential care homes providing 24/7 intensive support for adults with complex or challenging needs.

Whilst many people appreciate and relish the opportunity of living in their own home this is not always suitable for everyone and living with others may be the best choice.

For this reason we provide small three or four bedroomed exceptional quality residential homes providing the same opportunities and choice as those individuals we support to live in their own homes.

Each person has a unique person-centred plan taking into account individual abilities, wishes, preferences, ambitions and needs and of course many living in our residential services may move on to supported living in the future.



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Our staff

Our staff are carefully selected to provide an exceptional level of care and are chosen for their expertise, understanding and genuine interest in making a difference to your quality of life.

They are highly trained and experienced in providing specialist care for the elderly and for all people with varying needs and difficulties including Physical Disabilities, Learning Disabilities, Palliative Care, Mental Health Issues, Autism, Asperger Syndrome, Dementia and Alzheimer's.

Training and development is paramount to delivering a service of quality and excellence and all of our staff are professionally screened and checked and undertake our comprehensive training programme to ensure that we are able to give you the best service and fully support your specific needs.

Our charges

Our commitment to continual development and improvement provide a 'best value' service and whilst our standards of service are of the highest standard you will find our prices are very competitive.

Quality Lifestyle Home Care

City Business Park, Somerset Place, Plymouth PL3 4BB

Tel : 01752 657574

Quality Lifestyle Residential Care Home

'The Lodge'

334 Tavistock Road, Derriford, Plymouth PL6 8AL

Tel : 01752 777243

Quality Lifestyle Residential Care Home

'Homeland'

Sampford Road, Horrabridge, Yelverton, Devon PL20 7QT

Tel : 01822 859480

Quality Lifestyle Ltd is registered with the Care Quality Commission (CQC) and is a member of the United Kingdom Home Care Association (UKHCA).

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Head Office

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